Tommy's
Big Adventures



Free printables

To go with Tommy's Supermarket Safari

1. Four colouring pages
2. My engine gauge
3. First... then... card
4. Design your own safe bubble
5. Getting ready for a trip
6. How to be Tommy's friend

More at tommysbigadventures.co.uk

Scan for all six Tommy books, the latest version of these pages, and where to find help.



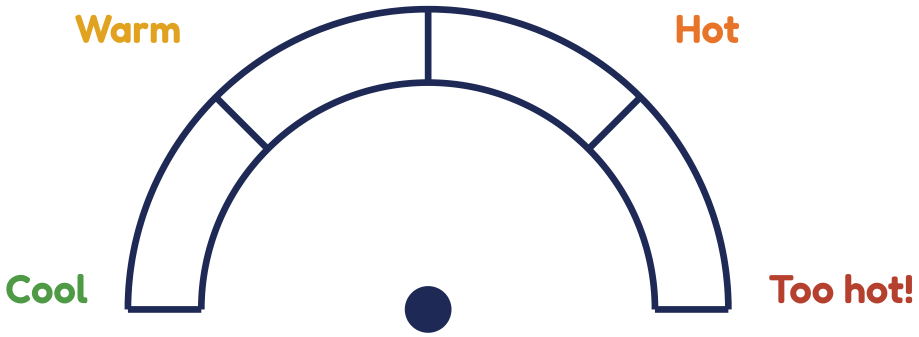






My engine gauge

Colour in the engine gauge to show how your engine feels today. Everyone's engine is different.



What made my engine hot today?

What helps my engine cool down?

Tip for grown-ups: stick this on the fridge. Before you head out, ask "How's your engine?" and point together.

First... then...

Draw or write what happens first, then what happens next. Cut along the dotted line and keep it in your pocket.

FIRST

the tricky bit

THEN

the good bit after

How to use it: before a trip, fill in the card together. First is the tricky bit (the supermarket, the queue, the loud ride). Then is the good bit that comes after (the park, a snack, the tractor). Point to it when the engine starts to get hot.

Pocket-size cards

First

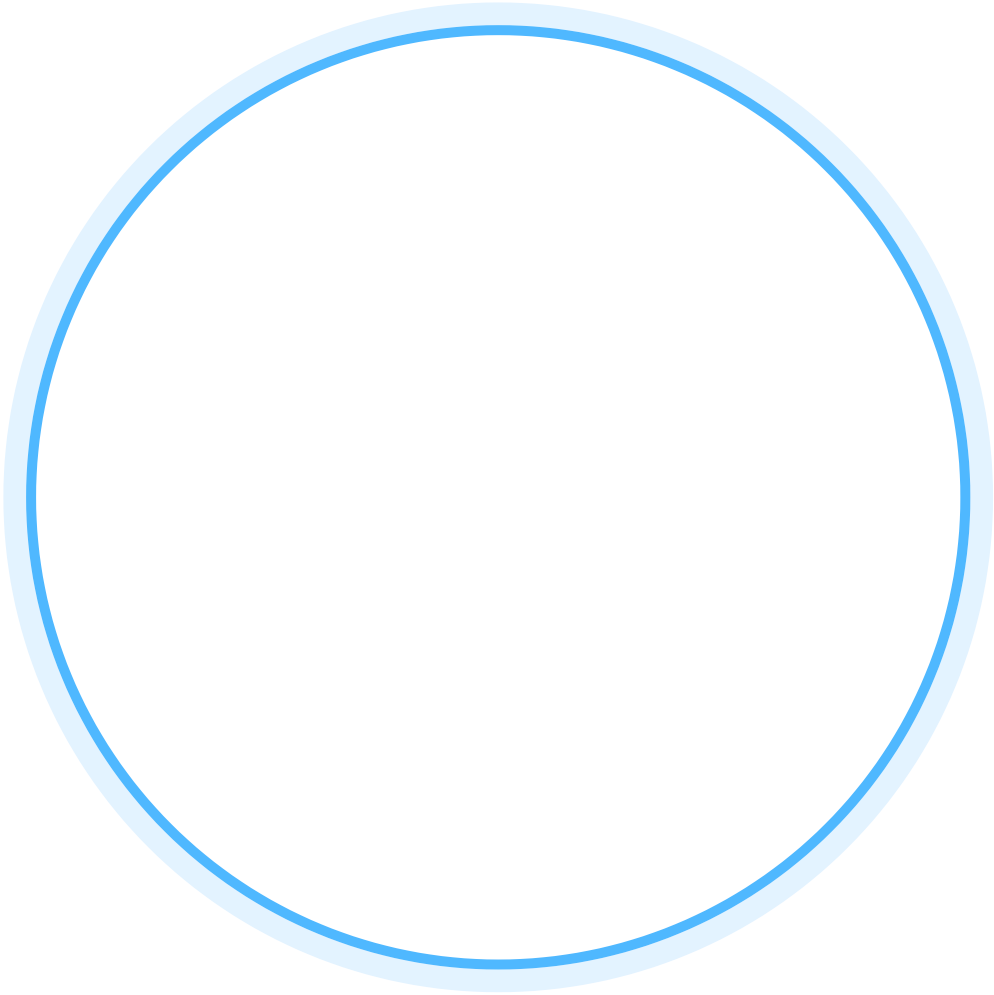
Then

First

Then

Design your own safe bubble

Tommy's bubble is blue and glowing. What colour is yours? What does it keep out, and what does it let in? Draw it here!



My bubble keeps out:

My bubble lets in:

Getting ready for a trip

Tick each one as you get ready. A good plan helps every engine stay cool.
Works for the supermarket, the funfair, school, the dentist, or anywhere new.

- [ ] I know where we are going.
- [ ] I know how we are getting there.
- [ ] I have my favourite thing to hold.
- [ ] I know it might be bright, busy or beepy.
- [ ] I know I can ask for a quiet break.
- [ ] I know who is with me to help.
- [ ] We have filled in our first… then… card.
- [ ] When we are done, we will _____.

Where are we going today?

How to be Tommy’s friend

For classmates, cousins and grown-ups. You don’t need to pop the bubble to be Tommy’s friend. Here is what helps.

Sit beside him

You don’t have to talk. Just being near is friendly.

Wait for him

Tommy might not answer straight away. Give him a minute.

Use quiet voices

Loud shouts feel like sharp rocks on his windows.

Don’t grab

Let Tommy hold his tractor. It helps his engine stay cool.

Ask, don’t pop

“Can I play too?” works better than pulling him into a game.

Everyone’s engine is different

Yours might get hot about other things. That’s okay too.

My idea for being a good friend